

Together

Are you having trouble paying your
RENT or UTILITY bills?



Contact Together's Crisis Engagement Team
to find out how we may be able to help.

402-763-7531

Monday - Thursday, 9 a.m. - 4 p.m.
Friday, 9 a.m. - 2 p.m.

If we do not answer, please **LEAVE A MESSAGE**.
We will get back to you when we can.

Drive-Through PANTRY



Monday - Friday

No I.D. is needed to get food.

Get live updates about Together services on
our Facebook page:

1. Go to www.facebook.com
2. Search "**Together Client Information**"
3. Click Like!



Follow us on Instagram: [@together_omaha](https://www.instagram.com/together_omaha)

Need help buying food? Request SNAP.

Am I Eligible?

If your gross income (before deductions) is at or
below income limits, you may be eligible.

HOUSEHOLD SIZE	GROSS MONTHLY INCOME
1	\$1,307
2	\$1,760
3	\$2,213
4	\$2,665
5	\$3,118
Additional Person	+ \$453



SNAP (formerly the Food Stamp Program) helps individuals and families buy nutritious food.

Call a SNAP expert to find out if you are eligible to apply for assistance and benefits.

Call 855.444.5556



AVOID CROWDS AT THE STORE!

You can now use **SNAP** to order groceries online from **Amazon** and **Walmart**.

I NEED HELP WITH...

- COVID-19 testing or questions** Douglas County Health Info Line: **402-444-3400**
Methodist Health Info Line: **402-815-7425**
CHI COVID-19 Provider Chat:
<https://secure2.revation.com/alegent/covid-19.php>
- Community COVID-19 updates and resources** Text "NOISE" to **33222**
Douglas County Health Dept: www.douglascountyhealth.com/
- I am worried or distressed about COVID-19** Methodist Emotional Support Line: **402-815-8255**
SAMHSA Disaster Distress Hotline: **1-800-985-5990**
SAMHSA Disaster Text Line: Text "TalkWithUs" to **66746**
- Getting food** Apply for SNAP (food stamps): **855-444-5556**
See "COVID-19 Food Resources List" on next page
- I am homeless** Contact Street Outreach: **402-740-1542**
- I need help with my rent or utilities** Call Together's Crisis Engagement Team: **402-763-7531**
ENCAP Helpline: **402-453-5656** (ext. 223)
Call **211** for additional financial assistance resources
OPPD and MUD are NOT doing shut-offs at this time
- I lost my job** Apply for Unemployment: <https://dol.nebraska.gov/UIBenefits>
Unemployment information from Legal Aid of Nebraska:
<https://tinyurl.com/yagwlqad>
- I am experiencing domestic abuse, stalking, or human trafficking** Women's Center for Advancement 24/7 Hotline: **402-345-7273**
Please note that people of all genders can call.
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MACCH ACCESS POINTS for those experiencing homelessness

Together

No walk-in's, PHONE ONLY
402-763-7531 (by appointment)

YES Outreach Center

For youth ages 16-24
2602 Harney St - Omaha
Bus routes: #15, #24
402-502-1636

Open Door Mission

No walk-in's: PHONE/EMAIL
402-829-1545
mnelson@opendoormission.org

New Visions (Council Bluffs)

M-Th 9a-5p; Meals at 12p & 4:30p
1435 N. 15th St - Council Bluffs
Bus routes: Yellow, Blue

Community Alliance

No walk-in's, PHONE ONLY
402-341-5128 (M-F, 9a-3p)

Stephen Center

M-Tu 10a-3p; Th-F 10a-3p
2723 Q St - Omaha
Bus routes: #13, #24, MCC
402-731-0238 (press 1)

Bellevue Human Services

No walk-in's: PHONE/EMAIL
402-682-6602
amanda.parker@bellevue.net

MACCH Access Points work to coordinate community housing resources and make the process easier for you. It is not a housing program or a guarantee of shelter/housing.

Veterans Affairs CRRC

825 Dorcas St, #200 - Omaha
Bus route: #13

Siena Francis House

M-F, 9a-3p
1702 Nicholas St - Omaha
Bus routes: #4, #18

Sarpy Co. Human Services

No walk-in's: PHONE/EMAIL
402-593-4414
sboehmer@sarpy.com



COVID-19 FOOD RESOURCES

FOOD PANTRIES

Together

M-F, 12-3p ~~12-3p~~ **10-12pm**

812 S. 24th St. (Omaha)

Bus routes: #24, #11

*Drive-through pantry located
behind building*

Heart Ministry Center

M-Th 10a-1p / F 11a-2p /

Sat. 9a-12p

2222 Binney St. (Omaha)

Bus routes: #24

ENCAP - Omaha

Tu/Th 9a-2p

2406 Fowler Ave. (Omaha)

Bus routes: #24, #18, #35

ENCAP - Bellevue

Tu/Th 9a-12p & 1p-4p

1908 Hancock St. (Bellevue)

Bus routes: N/A

St. Vincent De Paul

Tu/Th 9a-12:30p

2101 Leavenworth St. (Omaha)

Bus routes: #11

Kountze Commons

F 6-8p

2650 Farnam St. (Omaha)

Bus routes: #2

Project Hope

M/W/F 11a-2p

6201 N. 60th St. (Omaha)

Bus routes: #5, #14

Juan Diego Center

M/Tu 9:30a-11:30a / W 4p-6p /

Th/F 9:30a-11:30a

5211 S. 31st St. (Omaha)

Bus routes: #24

Saint Martin de Porres

M 9a-1p / Tu 2p-4p / F 9a-1p

2111 Emmet St. (Omaha)

Bus routes: #24, #18

COMMUNITY MEALS

New Visions (Council Bluffs)

Meals at 12p & 4:30p

1435 N. 15th St. (Council Bluffs)

Bus routes: Yellow, Blue

MEALS FOR KIDS

Completely Kids

F 4p-5p

2566 St. Mary's Ave. (Omaha)

Bus routes: #15, #30

Each child will receive 5

breakfasts and 5 lunches

Omaha Public Schools

Many OPS schools are offering meal pickup (5 breakfasts and 5 lunches per child). Find a site:

<https://district.ops.org/>

Westside Middle School

M 8:30a-12:30p

8601 Arbor St. (Omaha)

Bus routes: #15, #55

Each child will receive 5

breakfasts and 5 lunches

NorthStar Foundation

F 1p-2p

4242 N. 49th Ave. (Omaha)

Bus routes: #18

Each child will receive 5

breakfasts and 5 lunches

Youth Emergency Services

Call for info: 402-345-5187

2679 Farnam St. (Omaha)

Bus routes: #15, #24

Additional Meal Sites

Listing from Completely Kids:

www.completelykids.org/covid-19-response.html

No Kid Hungry

Text "FOOD" to [877-877](tel:877-877) for information about the closest meal site to you.

MOBILE PANTRIES

The Food Bank for the Heartland maintains an updated listing of mobile pantries: foodbankheartland.org/get-food

FOOD & MEAL DELIVERY

If you are **homebound** due to age, illness, or disability, you may be able to receive meals or groceries delivered to your door.

Intercultural Senior Center

Offering pantry delivery to seniors
402-444-6529

No More Empty Pots

Register to receive meal delivery: nmepomaha.org/feeding-our-neighbors/

Shopping Angels

Free delivery of groceries and other essential items. Financial assistance may be available.

Request services here:

<https://shoppingangelsglobal.org/>

Meals on Wheels

Meal delivery for at-risk seniors
402-444-6766

Beautiful Savior (La Vista)

Volunteers are delivering food, medicine, and other necessities.

Request assistance here:

bslcomaha.org/announcements

OTHER RESOURCES

Free Food Today Omaha

Follow this Facebook page to stay up-to-date on food resources.

www.facebook.com/FreeFoodTodayOmaha

211 (United Way)

HELP is a phone call away.

Dial **211** 24/7 or visit online at ne211.org or iowa211.org

WHAT IS CORONAVIRUS (COVID-19)?

- Coronavirus (COVID-19) is a new strain of virus that is spread from person to person
- It has caused illness in many states, including Nebraska and Iowa
- At this time, there are not yet medicines to treat or prevent COVID-19

HOW DOES COVID-19 SPREAD?

- Through **droplets in the sneezes and coughs** of an infected person
- Between people who are in **close contact** (within 6 feet) of each other
- By touching an **infected object** and then touching one's **mouth, nose, or eyes**

WHAT ARE THE SYMPTOMS OF COVID-19?

- Symptoms may include fever, dry cough, difficulty breathing, headache or muscle pain, sore throat, or loss of taste/smell

HOW SERIOUS IS COVID-19?

- For many people, the illness is not severe
- Children and healthy young people are less likely to get very sick from COVID-19
- Some people do become very ill because they develop breathing issues or other sickness (e.g. pneumonia)

WHO IS AT RISK OF SEVERE ILLNESS?

- **Senior citizens**
- People with a **serious medical condition:** heart/lung disease, diabetes, obesity, etc.

WHAT CAN I DO IF I HAVE SYMPTOMS?

- Call the information line of the Douglas County Health Department:
 - **(402) 444-3400**
- To protect others, **STAY HOME** and **CALL AHEAD** before going to the doctor if you suspect you may have COVID-19

YOU CAN HELP STOP THE SPREAD OF COVID-19!



Wash your hands often with soap and warm water for at least 20 seconds.



If you are unable to wash your hands, **use hand sanitizer** (60% alcohol or above is recommended).



Wear a face mask when you need to be in public.

Learn how to make a reusable mask:

www.bhg.com/crafts/sewing/how-to-make-a-face-mask/



Practice **social distancing** by keeping a distance of **at least 6 feet** away from others.



Cover your cover or sneeze with a bent elbow or a tissue (then be sure to throw it away).



Limit your interactions with people outside of your household, especially if you or they are sick.



STAY HOME. STAY SAFE. You are not alone!

Together